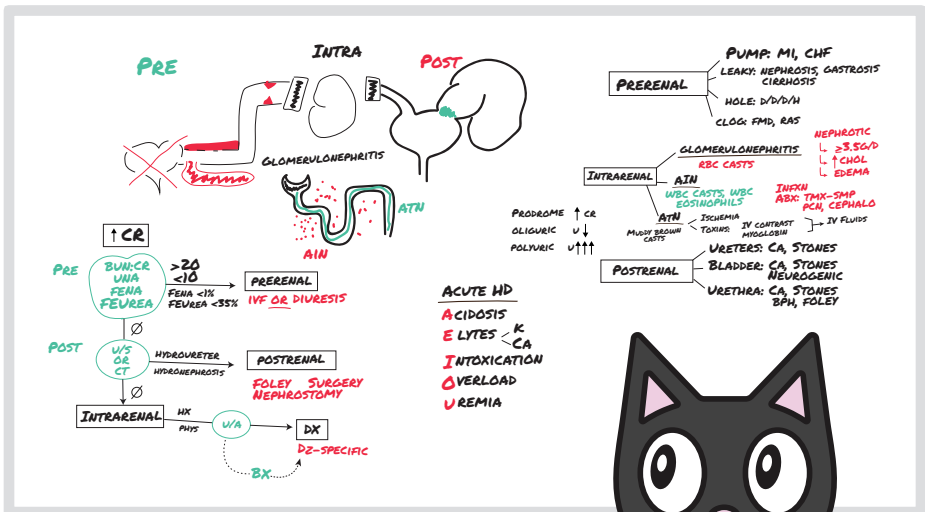


# Online MedEd

## WHITEBOARDS



FREE VIDEO COMPANION

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First Edition

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By Dustyn Williams and Rachel Evers-Meltzer

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I HATE THIS BOOK.

Just kidding. *Well, not really.*

Let's talk about what this book is and isn't. It is a companion to our video curriculum. It's a great place to take notes, and to reference my final whiteboards. It ISN'T a shortcut. Nor is it an excuse to skip writing out your own notes as you follow along.

OME's power comes from two places: 1) Medical knowledge belongs to no one, and so it is accessible to everyone. This is why the videos are free. 2) The PACE paradigm—reading the notes (and taking your own), watching the video (and taking more notes), doing the challenge questions (and taking more notes), and enforcing them through repetition—works. Purposeful engagement of the content in multiple modalities is the path to success.

This ISN'T a replacement for PACE. I advocated that we not create this book, as it might facilitate students in skipping steps: not writing out their notes, not following along with me at the board, etc., thus compromising their learning. But, I was overruled by you, the user. We made this because you asked for it, and we realized you were spending hundreds of dollars printing out the whiteboard graphics anyway.

So I acquiesced. I recommend you follow PACE and follow along with me at the board. I designed the lessons to flow a certain way. The positioning on the board, the order in which the material is presented, the colors used, and even the cadences of speech are not accidental.

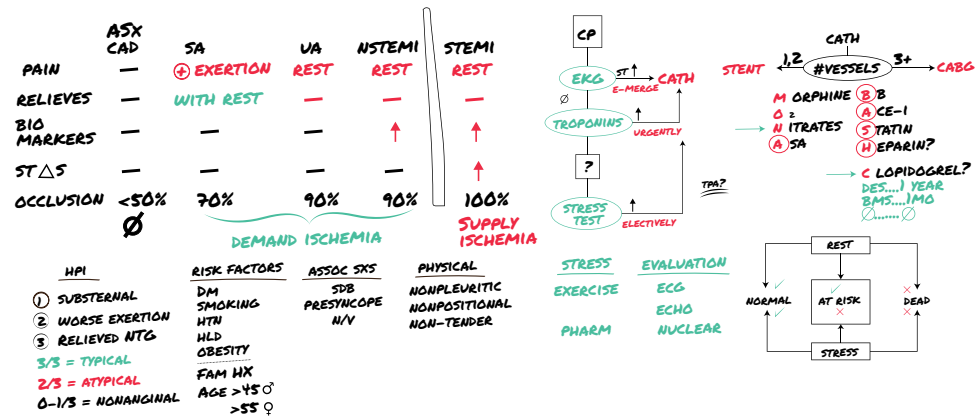
BUT, I'd rather you have an awesome, well produced, ring bound, color book for cheaper than doing it yourself. I'd also rather you spend time studying, not wasting time organizing and tracking down the logistics.

This book is a companion. It's not a crutch.

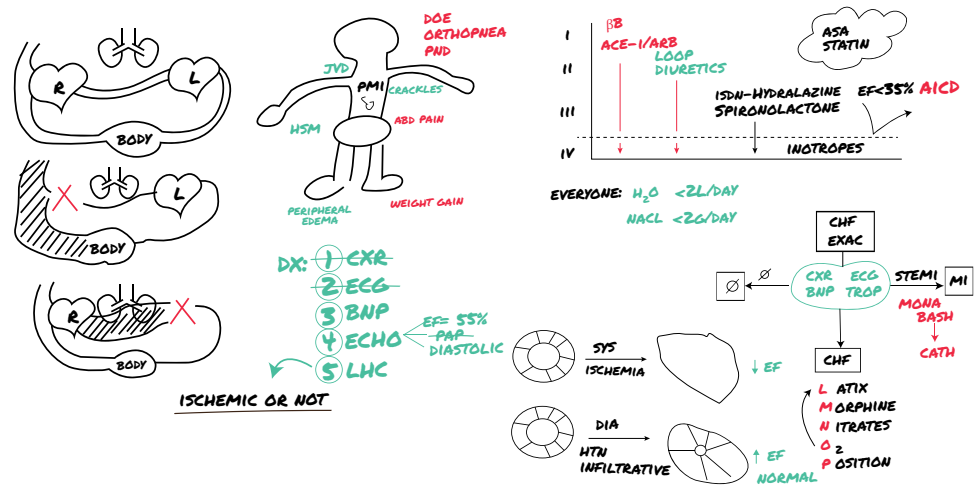
It also has a cute cat animation in the lower left corner. Check it out.

A handwritten signature in black ink, appearing to read 'D Williams'.

Dustyn Williams, MD

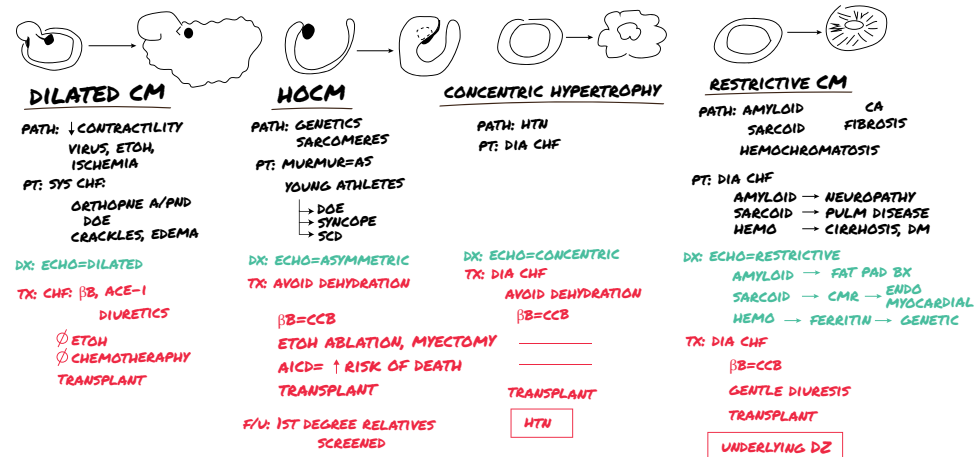


# Heart Failure





# Cardiomyopathy





MEOW

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